

**VOCABULARY**

**1. Excruciating (adjective)**

**Meaning**; Causing great pain or anguish, agonizing

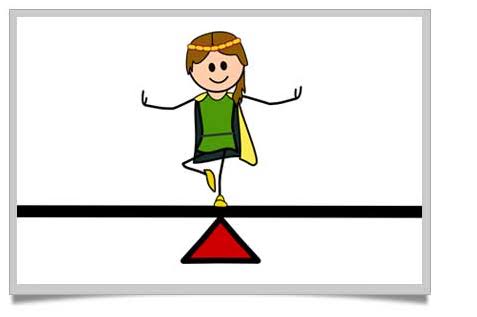


**Synonyms**: disturbing, irritating

**Antonyms**: pleasing, soothing

**2. Poised (verb)**

**Meaning**; Balanced, in position

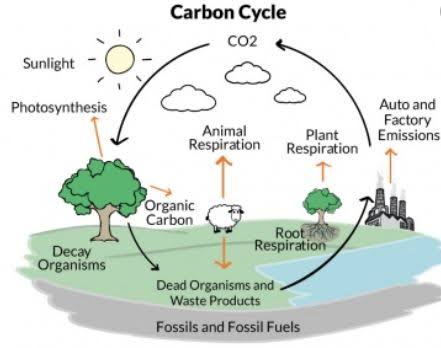


**Synonyms**: balance

**Antonyms**: imbalance

**3. Iteration (noun)**

**Meaning**; Recital or performance a second time; repetition.



**Synonyms**: repetition, replay

**Antonyms**: irregularity, rareness

**4. Wade (verb)**

**Meaning**; to walk through water or something that impedes progress.



**Synonyms**: paddle

**Antonyms**: dodge

**5. Incur (verb)**

**Meaning**; to bring upon oneself or expose oneself



**Synonyms**: bear, obtain

**Antonyms**: push, reject

**6. Ameliorate (verb)**

**Meaning**; To make better, or improve



**Synonyms**: alleviate

**Antonyms**: aggravate

**7. Mire (verb)**

**Meaning**; To soil with mud or foul matter.



**Synonyms**: entangle

**Antonyms**: release